

St. Patrick's Day Frozen **St. Patrick's Day Produce**

Lean Cuisine or Stouffer's Entrees
5-20 Oz.
Spa Classics, Cafe Classics, Flat Breads, Corner Bistro Regular or Breakfast Paninis or Homestyle

4/\$10

Green Seedless Grapes
1.28 Lb.

Fresh Asparagus
1.88 Lb.

Shur Fine Food Center

Happy St. Patrick's Day

Skylark Point Cut Corned Beef Brisket
1.79 Lb.

Green Cabbage
29¢ Lb.

Shur Fine Irish Potatoes 15 Oz.
2/\$1

St. Patrick's Day Dairy **St. Patrick's Day Dairy**

Sargento Sliced Cheese
5-8 Oz.
2.88

Country Crock
45 Oz.
2/\$6

Shur Fine Half & Half
16 Oz.
98¢

All items not available at all stores. We reserve the right to limit quantities.

Prices Good Monday, 3-8, Through Sunday, 3-14, 2010. We Reserve The Right To Limit Quantities.

Capitol Centre Market
Visit our website at www.capcentremarket.com Phone: 608-255-2616

OUR COUPONS save you \$ and ¢

Old Dutch Dutch Crunch Potato Chips
Bag Assorted Varieties
Pre Priced 3.29
2/\$4

Shur Fresh Shredded Cheese
8 Oz. Package
Cheddar • Colby Jack • Mozzarella
1 Free
With Separate \$20 Purchase

Good only at Capitol Centre Market Offer Good 3-8-10 Thru 3-14-10
Limit 1 Free Item Per Customer With Separate \$20 Purchase
Excludes Postage Stamps, Lottery, Gift Cards and Bus Passes
Limit One Coupon Per Customer With This Coupon

Our Weekly Meal Deals **Our Weekly Meal Deals** **Our Weekly Meal Deals** **Our Weekly Meal Deals** **Our Weekly Meal Deals**

save more GREEN BREAKFAST

Bagels Forever Bagels
11.5 Oz.
88¢

General Mills Total Cereal
15-18.25 Oz. Assorted Varieties
3/9.99

save more GREEN LUNCH

Faygo Soda
2 Ltr.
88¢

Pringles Stix or Crisps
10 Pk. Stix or 8 Pk. Crisps, Original or Sour Cream & Onion
2/\$5

Kraft Macaroni & Cheese Dinner
5.5-7.25 Oz.
3/1.98

save more GREEN DINNER

New York Bread
10.5-16 Oz. Bread Sticks or Toast
2/\$4

Creamette Pasta
12-16 Oz.
98¢

Prego Pasta Sauce
23.5-24 Oz.
2/\$3

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St. Patrick's Day Grocery Specials

Tide, Liquid Laundry Detergent
50 Oz. 2X or Total Care
5.98

Chicken of the Sea Solid White Tuna or Salmon
5 Oz.
4/\$5

Bear Creek Chicken Noodle Soups
7-12.1 Oz.
2.98

Cottonelle Bath Tissue
12 Double Roll
5.98

Pringles Bold Bites
7 Oz.
2/\$4

Kleenex Upright Facial Tissue
75-100 Ct.
2/\$3

St. Patrick's Day Meat Specials **St. Patrick's Day**

U.S.D.A. Choice Black Angus Beef Boneless Chuck Roast
2.68 Lb.

Gold'n Pump Ground Chicken
20 Oz.
2/\$6

SEAFOOD CATCH FOR LENTEN MEALS
Featuring Your Favorite Fish

Cod Loin
6.98 Lb.

Best O' Fryer
3.5 Lb.
5.98

Shrimp Ring
10 Oz.
3.98

Cooked Shrimp
14.98

Bea's Best Lean Flat Cut or Rounds Corned Beef Brisket
2.99 Lb.

Old World Beef Bologna or Cotto Salami
14 Oz.
2/\$6

Ocean Perch Fillets
10 Oz.
4.68

Bakery Specials

Old Wisconsin Wafers, Bratwurst or Sausage
24-28 Oz.
4.98

Doritos Deli Creations
49-71 Oz.
2/\$4

Old Fashioned Bakery Cup Cakes
6 Ct.
3.98

Johnston's Hard Rolls or Brat Buns
6 Ct.
1.68